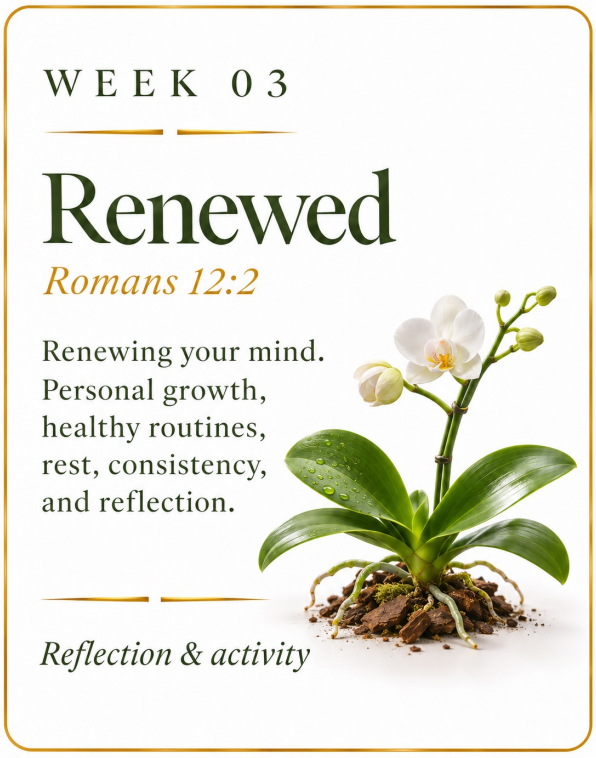
Week 3 — Renewed

Romans 12:2



Renewing your mind.

Personal growth, healthy routines, rest, consistency, and reflection.

My reflection and next step

Write, plan, or reflect here	
Notes	

The Four-Week Renewal is a future non-medical educational offering. Dates, enrollment, and group activities are shared when confirmed.